

Easy Dos and Don'ts

For Teen Workers - Rights -

Do:



- ✓ Know your rights. You have a right to a safe and healthful workplace.
- ✓ Get training about the hazards in your workplace.
- ✓ Follow your employer's safety and health rules and use all provided protective equipment.
- ✓ Ask questions until you feel you can safely do the job.
- ✓ Follow the law and work only the hours and the types of jobs permitted by the Fair Labor Standards Act.

www.dol.gov/elaws/flsa/docs/hours.asp

Don't:



- ✗ Be afraid to speak up if you have a question or feel endangered at work or notice a safety hazard at work.
- ✗ Operate equipment forbidden by the law such as forklifts, meat slicers, and bakery machines.
- ✗ Come to work under the influence of alcohol or drugs.
- ✗ Perform tasks you are not trained to do.